

# Dynamic Supervision

## Course Details

COURSE TYPE	Value Added Unaccredited Training
COURSE TITLE	Dynamic Supervision
TARGET AUDIENCE	All Professionals
DURATION	2 Days
CERTIFICATE TYPE	Attendance
BENEFITS:	Employee wellness, MG spend & B-BBEE and



This short course aims to explain the basic roles of the supervisor, understanding the expectations from management and subordinates. How to communicate effectively and provide clear instructions, how to stay mentally fit and deal with everyday challenges

## COURSE CONTENT

Learners will be covering the following key components:

### Communication Skills

- Learn important skills to **improve your communication** with your manager, subordinates and clients
- **Explore and understand**, emotion-focused communication skills, tap into your different ego-states, understand generational communication skills, verbal and non-verbal communication skills and how to apply them effectively
- **Understand different personalities**, and their communication techniques
- **Delegate** then validate
- **Do's and Don'ts** that promote Teamwork

### Supervisory Skills

- **Time Management**, and the importance of planning
- How to stay **Mentally Fit** as a Supervisor