

Value Added Training

# Job Crafting

## Course Details



### COURSE TYPE

Value Added Unaccredited Training

### COURSE TITLE

Job Crafting

### TARGET AUDIENCE

All Professionals

### DURATION

7 Sessions of 2 hours

### CERTIFICATE TYPE

Attendance

### BENEFITS:

Employee wellness, MG spend & B-BBEE and



## Transform Your Work Life: The Job Crafting 7-Week Course

Redesign What You Do – Without Changing Your Job

Do you ever feel like work is just "another day, another dollar"? Are you someone who lives for the weekend, viewing your Monday-to-Friday as a struggle or a bore? If so, you are certainly not alone—but what if things could be different?

What if your job was truly worthwhile? Imagine a career that feels meaningful, leaves you satisfied, and allows you to be part of something bigger. The Job Crafting Course by Amalga is designed to help you find and create that sense of purpose and happiness exactly where you are.

### About the Course

**Job crafting is the art of taking proactive steps** to redesign your work life. Instead of waiting for management to change your role, this programme empowers you to stay in your current position while getting more meaning out of it.

**Through this course**, you will learn to strategically adjust three core areas:

- **Tasks:** Refining what you actually do on a daily basis.
- **Relationships:** Enhancing how you interact with colleagues and stakeholders.
- **Perceptions:** Changing how you view the purpose and impact of your work.